

Kismet News

Empowerment & Excellence in Education for all

Dear Parents, Staff and Students,

We start this week by congratulating all involved in last week's commemoration of ANZAC Day. At last week's assembly our students made us proud by the manner in which they paid respect through song, drama and prose. On Saturday morning Junior School Council did a wonderful job representing our school at the Sunbury ANZAC DAY service. You all represented our school in a manner that makes us very proud.

MOTHERS & GRANDMOTHERS AFTERNOON TEA ON 8TH MAY

Invitations to our Mothers and Grandmothers afternoon tea on Friday 8th of May sent out on 16th April need to be returned to your child's teacher by tomorrow, Friday 1st of May. We hope to see you there!

FAMILY MATHS EVENING

WEDNESDAY 20TH MAY 6:30-8:00PM

To celebrate Education Week this year we will be holding a Whole School Family Maths evening at 6:30-8:00pm on Wednesday 20th of May. Invitations will be sent home next week.

NAPLAN (National Assessment Program Literacy Numeracy)

Today all students in Years 3 & 5 took home important NAPLAN information from the VCAA (enveloped). NAPLAN Testing for students in years 3 & 5 will be on Tuesday 12th May, Wednesday 13th of May and Thursday 14th of May. For more information about the tests please speak to your child's teacher or visit the VCAA website at www.naplan.edu.au.

Contact Us:

McEwen Drive
PO Box 220
Sunbury Vic 3429
(03)9744 4566

SCHOOL COUNCIL SUMMARY

School Council met on Monday night. In addition to General Business we are working on:

- Our four year Strategic Plan which outlines school improvement initiatives.
- Home-school communication

We will be holding our Annual Reporting Presentation in conjunction with our June School Council meeting on Monday 15th June. Further details will follow leading up to this meeting.

Remember that your Parent Representatives on School Council are:

Glenn Campbell (President), Aaron Malcolm, (Vice President), Sean Bassett, Mark Davies, Brad Duffy, David McLean, Wendy O'Sullivan and Sharna Small. Please remember they are your voice on Council so please speak with them if you would like a matter raised at one of our meetings. We all want to make Kismet Park the best we can be.

PREP 2016 ENROLMENTS

Our 2016 Prep enrolment process will commence soon with information sessions being held at the following times:

Tuesday 26th May at 9:30-10:30am

Wednesday 27th May at 7:00-8:00pm

Thursday 28th May at 9.30- 10.30am

Have a great week!

Glenn & Cynthia

JUNIOR SCHOOL COUNCIL REPORT

April 25th marked the centenary of Anzac Day. To honour the Anzac soldiers who have served and died for our coun-

try, Kismet Park participated in the Sunbury Anzac Day ceremony. Junior School Council and some Grade 6 students volunteered their time on Saturday morning to pay their respects. We were very lucky that the rain held off for the march and for the ceremony. Our students represented Kismet Park with dignity and grace as they laid the wreath and watched the ceremony. Thanks to all who came to the Anzac Day commemoration and to those who represented Kismet Park Primary School.

Michelle Anderson JSC



CHILDREN'S DAY こどものひ-kodomonohi (JAPANESE HOLIDAY)

Next Tuesday, 5th May, Kismet Park will be celebrating Children's Day. Traditionally called Boy's Day, Children's Day is a national holiday in Japan that celebrates their children's future success, health and happiness. In Japan, Children's Day is celebrated by hanging Carp Kites (こいのぼり-Koinobori) at homes and festivals. Therefore, Kismet Park will also be celebrating by displaying paper Koinobori around the school to celebrate our students' future success and happiness.

Happy Children's Day!

Anderson せんせい

D A T E S T O R E M E M B E R

Friday 1st May—School Assembly

Monday 4th May—Interschool Cross Country

Tuesday 5th May—Japanese Children's Day

Wednesday 6th May—Orders due for Meal Deal Day NO BPAY PLEASE!

Friday 8th May—Mother's Day Afternoon Tea From 1.45pm

Tuesday 12 May—NAPLAN Year 3 & 5

Wednesday 13 May—NAPLAN Year 3 & 5

Thursday 14 May—NAPLAN Year 3 & 5

Friday 15th May—Year 3&4 Jamie Oliver Food Education Session

Reminder Canberra Camp payments are due by Friday the 26th of June (Instalments can be made at the office any time)



STUDENT WELLBEING

HELPING STUDENTS GET READY FOR THE NAPLAN

INSIGHTS by Michael Grose

at www.parentingideas.com.au

The most resilient children and young people are those who rise to meet rather than retreat from the challenges present to them. Perhaps it's best to view the NAPLAN tests as good learning experiences rather than dreaded pressure tests.

One view commonly put forward is that the NAPLAN tests put undue pressure on children to perform in test situations. If so, then perhaps the best approach for parents and teachers is to help them handle the pressure rather than avoid it. The most resilient children and young people are those who rise to meet rather than retreat from the challenges presented to them. Perhaps it's best to view the NAPLAN tests as good learning experiences rather than dreaded pressure tests. Children and young people take their cues from their parents about how to handle many situations. American psychologist Martin Seligman discovered more than a decade ago, through his research into children's thinking styles, how closely a child's explanatory style mimics that of the parent they spend most time around. Optimistic parents beget optimistic kids, just as anxious parents can beget anxious kids. The impact of a parent's explanatory style seems to be magnified somehow in small families where there are fewer voices to be heard.

As a parent it helps your child, if you take a positive view of the NAPLAN tests. It's better to see them as learning opportunities for kids as well as opportunities to overcome any anxieties or nerves that these tests may bring on. It's also worth remembering that many children don't stress over these tests. The vast majority take them in their stride, wondering what all the fuss is about.

Whether your child stresses or takes them in his stride here are some tips to help prepare for the NAPLAN tests:

- 1. Take your cues from your child:** If your child doesn't worry about them then neither should you. Be careful not to create a problem that doesn't exist by incessantly talking about, or worse, worrying about the test.
- 2. Focus on doing their best & trying hard:** Choose your words carefully when you speak with your kids. As with all their learning activities place your focus squarely on effort rather than results. The only pressure on kids should be to try hard rather than to do well.
- 3. Listen to any concerns they have:** If your child confesses to some nerves then validate their feelings, rather than shut them down with a 'get over it' response. "Yes, sometimes tests can be a little scary, but they get easier every time you take them." Use this as an opportunity to develop some emotional smarts, which starts with recognising how kids feel.
- 4. Give them some relaxation ideas:** Anxious or nervous kids will benefit from some simple relaxation strategies. Taking some deep breaths, changing their thinking and exercising the morning of the test are some simple ways to help kids get some feeling of control.
- 5. Help them retain their perspective:** One way to help children who become excessively anxious about an event is to ask what's the worst thing that could happen? Okay, they may not do as well as they would like but the sun will still rise tomorrow, regardless of how well they do. Keeping perspective is a life skill that we all need to practise.

A positive, caring parent attitude is one of the best gifts you can give a child when they are apprehensive or nervous about approaching any different situation whether it's going on school camp, joining a new club or sitting a NAPLAN test.

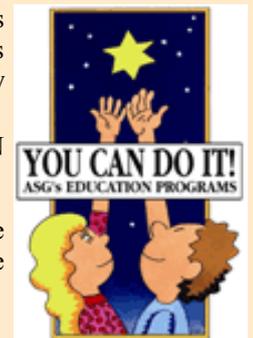
YOU CAN DO IT!!!

Habits of Mind aid students in school and adults in everyday life as they are challenged by situations for which the solutions are not immediately apparent. The following habits of the mind support success both at school and in later life. They are reflected in the You Can Do It! Foundations:

Confidence Organisation Getting Along Perseverance Resilience:

- Accepting Myself (Self-Acceptance) ; not thinking badly about yourself if you make a mistake
- Taking Risks (Take Risks); thinking that it's good to try something new, even though you might not be able to do it to the standard expected of yourself
- Being Independent (Independence); thinking that it's important to try new activities that will be useful in the future
- Believing 'I Can Do It' (Optimism); thinking that when performing is hard, you can still do it. It also means not thinking you're not good at anything and never will be when you have difficulty with a new learning experience.
- Giving Effort (Internal Focus of Control for Learning); thinking that the harder you try, the more successful you will be as well as knowing that success is not caused by external factors (luck, ease of task) but by internal factors (effort).

Finally it is very important that children learn to be aware of their own emotions and physical wellbeing by developing self-awareness. So as parents you have a vital role in providing encouragement, enthusiasm and reassurance as well as reminding your children about the importance of rest and a healthy diet to ensure they are ready to be the best they can be every day!



YOU CAN DO IT!

CONFIDENCE

Confidence requires that young people not be overly concerned with what others think if they make a mistake. Confidence is revealed when young people are not afraid to fail and are happy to meet someone new.

Confidence involves young people having trust in themselves and believing that they will probably be successful in the end. Confident young people stand up straight, look people in the eye, and speak clearly with a firm tone of voice.

Practical Things You Can Do To Develop Confidence in Your Child

- Give your child a special responsibility (e.g. special role or job)
- Ask your child questions you know he/she can answer. Prompt him/her before asking questions so he/she is prepared and experiences success.
- Set aside time each day for your child to demonstrate what he/she has learned at school.
- Help your child to identify and develop individual interests and talents by showing interest in and excitement about areas of your young child's skills and talents.
- Do not give your child too much attention when he/she expresses negative feelings about school work

- Encourage your child to speak up when asked a question.
- Encourage your child to have eye contact with adults (if appropriate to your culture) or others, when being spoken to.
- Practice asking your child his/her name and age so that he/she can respond with a confident, clear voice.
- Provide your child with many opportunities to do things where he/she can be successful. Provide praise at these time.
- Praise your child for trying something new.

C 2014 The Bernard Group



HOUSE POINTS AS AT 24TH April 2015

HOUSE	POINTS
CLARKE	3130
HOGAN	2399
LAMBERT	2401
MCEWEN	2660



	Prep	Grade 1/2	Grade 3/4	Grade 5/6
Budding Artist	Maya Bassett—For completing a 'SUBARASHI' Koi fish using colourful detail.	Paula Sulzberger—For demonstrating good control of food dye on her excellent Koi Fish.	Asha Smith—For using excellent pastel technique to create texture in her art work.	Natalie McCubbbin—For developing an excellent comprehensive digital art folio.
Good Sport	Luka Calfapietra—Excellent kicking skills.	Tenaya Bewley—Excellent control when dribbling a basketball.	Nathan Hunter—Excellent stamina during long distance running.	Ryley Bishop—Excellent ball control during soccer activities.
Great Performer	Brooke Butters—Brooke participates in all activities and brings an excellent attitude to the music room.	Lucy Hynes—Lucy is working well in the music room and is an excellent helper to others.	Mikayla Gorman—Mikayla has an excellent attitude when playing instruments in the music room	Emmy O'Brien—Emmy continues to be an excellent participant in all areas of the performing arts program.

Extend OHS at Kismet Park



Weekly recap.
We have had a fantastic week here at extend. There have been some very creative arts and craft pieces made by the students. We have made great use of the good weather and been able to get outside and participate in some great group games and also student led activities. Our newest member to the OSHC room is Bob the Bearded Dragon who is very popular with everyone.

Next weeks Activities

Monday 4th May Abstract Art
Tuesday 5th May Pancake night
Wednesday 6th May Frisbee Golf
Thursday 7th May Endless Sports
Friday 8th May Icy Pole Stick Construction



CANTEEN NEWS

Friday 1st May

Claire Gilson—9.00 -11:30am
Sonia Olden—12:00pm-2:00pm

Friday 8th May

-9.00-11.30am

Toni Wells—12.00-2.00pm

NO BPAY on the Meal Deals please.

Cash or Eftpos only

If anyone is available to help out in the canteen, please fill out a volunteer slip at the office.

Thanks, SARA & NAOMI



MOTHERS DAY MARKET

Saturday

May 9th, 2015

9am—2pm

Memorial Hall & Village Green

PTA NEWS

PTA AGM will be on Wednesday the 3rd June at 6.00pm in the staffroom.

Mothers Day Stall is on Monday the 4th May 2015.



50% Off all in store at J.Gem Investment Jeweller

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SCHOLASTIC BOOK FAIR

The Library will be holding its annual Scholastic Book Fair in the library later in the term. Actual dates will be confirmed soon. I hope everyone will be able to come along see the fantastic just right books that will be available for purchase.



SCHOLASTIC BOOK CLUB

All your orders for Book Club have been sent today at lunchtime, Thursday April 30th and your books should arrive in approximately 1 week. If you have ordered from Book Club using the new LOOP system your orders have also been sent today.
Thanks and Happy Reading
Jennifer Driver



SCHOOL CROSSING SUPERVISORS NEEDED!

*Do you enjoy being outdoors?
Enjoy working with children and giving back to the community while you get paid?
Then please read on...*

- Various Locations
- Fantastic Hours
- Casual / On Call work
- Positions to commence immediately

Casual on call positions are currently available in various locations for School Crossing Supervisors.

You must have the following:

- Be available Monday - Friday from 8-9am and 3-4pm
- Have/be willing to obtain a Working with Children's Check.
- Have a Victorian Drivers Licence and own reliable car.

If this sounds like the position for you then contact Jessica at HOBAN on 9325 3200 or fax resume to 9325 3299 NOW!

HOBAN
Recruitment