

Building the foundations for success and happiness

Dear Parents, Staff and Students,

Welcome back! We trust everyone had a wonderful break and all are ready for an action packed term with our Whole School Production scheduled for September 5,6,7 and 8th September. Our visitors from Japan arrive on 25th July and the Olympics commence soon. Wakakirri, a whole school Trees Day, Book Week and the Commonwealth Bank Start Smart financial Literacy program as well as International Competitions in English and Mathematics will provide our students with a wide range of exciting extracurricular learning opportunities.

You can keep up to date with school events on our Skoolbag app. Details for downloading the app are available on our school website at

<http://www.kismetparkps.vic.edu.au>

Have a great term!
Glenn and Cynthia

PARENT TEACHER INTERVIEWS & 3 WAY CONFERENCES

Parent Teacher Interviews will be held on Tuesday 2nd and Wednesday 3rd August. To book in times for interviews with your child's teacher go to www.schoolinterviews.com.au and enter the school code **gp7t5** Then follow the simple instructions. **Bookings will close at 11:00am on Monday 1st August.** Further details are provided on the flyer that accompanies this newsletter.

Contact Us:

McEwen Drive

PO Box 220

Sunbury Vic 3429

(03)9744 4566

E-mail:

kismet.park.ps@edumail.vic.gov.au

www.kismetparkps.vic.edu.au

ILLNESS & PERSONAL HYGIENE

With the onset of winter it is timely to remind ourselves of the importance of warm clothing, healthy eating and hygiene habits to combat against cold and flu symptoms that can impact on our children's health and school attendance.

To promote some important health habits it is a good idea to teach your child how to use a handkerchief or tissue for runny noses and covering the mouth when sneezing or coughing. If your child is unable to attend school due to ill health please remember to supply a letter of explanation on his/her return so that our records are accurate.

To help stop the spread of illness to others please keep sick children at home. We also have a staff member at the office who currently undergoing Chemotherapy and as a consequence has a compromised immune system which makes her more susceptible to infections. We are asking our community to be extra vigilant when considering their child/ren's state of health before sending them to school with an illness. Now more than ever, the best place for a sick child is at home.

5 CENT CHALLENGE!

Please send along your 5 cent coins to help fill your classroom's collection container. The grade with the highest total at the end of the event will receive an Award! This very special fundraiser will go towards our Shade Sails! Donations will be accepted from Monday 11th July to Friday 22nd July.

NATIONAL SCHOOL TREE DAY

A Whole School Tree Planting day on Friday 29th July 2016. Volunteers with Working With children Checks welcome. More details will follow when they are confirmed with the day's sponsors 'Fraser Properties Australia' who are developing Sunbury Fields.

EXTEND'S WEEKLY RECAP

We have all had a great time over the holiday period and are looking forward to a fun filled, exciting term 3. During the holidays we had lots of fun and games, some great cooking activities and some exciting science experiments to do. We went to the movies to see Ice Age 5 and spent a day at the indoor sports centre playing some cool new games. We learnt some new circus skills like how to juggle and do tricks with hula hoops. One day we even had a visit from some cool native animals.

Regards

All the staff at Extend

Next week's activities:

Monday 18th July: Cooking- vegetable slice group games.

Tuesday 19th July: Colouring competition, basketball challenge.

Wednesday 20th July: Football skills, homework club.

Thursday 21st July: Science- volcanoes, plaster fun house.

Friday 22nd July: Production props, downball competition.



DATES TO REMEMBER

Friday 15th July: 5/6 Family Life, Buddies

Monday 18th July: School Council

Wednesday 20th July: Keyboard Open Day

Friday 22nd July: 5/6 Family Life, Division Netball & School Assembly

Tuesday 2nd & Wednesday 3rd August: Parent Teacher Interviews

Engagement & Well-being

Emotional Resilience

As part of our *You Can Do It!* students are encouraged to develop core skills of Confidence, Organisation, Getting Along, Persistence and Resilience. Term 3 is a very busy and productive time for learning. At Kismet Park, the students are involved in many extra-curricular activities such as our whole school production, Wakakirri and a variety of sporting opportunities so it is extremely important that they have the resilience to take on these challenges in a positive and confident manner. We as adults can support our children to learn valuable strategies that will keep them in good stead for the rest of their lives. So this week we have provided you with some useful information for promoting resilience as well as demonstrating to your children what you do when the going gets tough!



Emotional Resilience for children means...not getting extremely angry, worried or down, calming down when I do get very upset, not fighting or staying away from people when I am very upset and bounding back to work or play.

Examples of Emotional Resilience:

Not getting extremely angry and fighting when someone is mean or acts unfairly

Not worrying a lot about having to take a test or meeting someone

Not getting very down and staying away from people after receiving a bad result or if someone says something bad about me

Calming down when I am extremely angry, down, or worried and bounding back to work or play.

Strategies to Help Me be Resilient:

Accepting Myself means not thinking badly about myself when I make a mistake.

Taking Risks means thinking that it's good to try something new, even though I might not be able to do it.

Being Independent means thinking that it's important to try new activities and to speak up, even if classmates think I'm silly.

I Can Do It means thinking that I'm more likely to be successful than to fail.

Working Tough means thinking that in order to be successful in the future, I sometimes have to do things that are not easy or fun in the present.

Being Tolerant of Others means not making overall judgements of people (eg. "good person" "bad person") based on their differences or behaviour.

Things To Do To Help Me Be Resilient:

Relaxing, keeping things in perspective, finding someone to talk to, using positive self-talk or finding something fun to do. Share what you do to maintain a resilient mindset and show them the benefits of perseverance, confidence and understanding.

CHILD SAFE STANDARDS

The Child Safe Standards are compulsory minimum standards for all Victorian schools, to ensure they are well prepared to protect children from abuse and neglect. Ministerial Order No. 870 sets out specific actions that registered schools need to take to meet the Child Safe Standards. To create and maintain a child safe organisation, an entity to which the Child Safe Standards apply must have:

- strategies to embed an organisational culture of child safety, including through effective leadership arrangements
- a child safe policy or statement of commitment to child safety
- a code of conduct that establishes clear expectations for appropriate behaviour with children
- screening, supervision, training and other human resources practices that reduce the risk of child abuse by new and existing personnel
- processes for responding to and reporting suspected child abuse
- strategies to identify and reduce or remove risks of child abuse
- strategies to promote the participation and empowerment of children.

We are currently working through existing policies and procedures that aim to keep children safe. This will help us identify gaps and improve policy and practices around child safety. To assist us the Department is developing further resources to build the capacity of schools to best protect children and young people from child abuse.

School Council will play a role in the review and approval of these new policies and protocols. Look out for further information in future newsletters



Student Well-being and Engagement



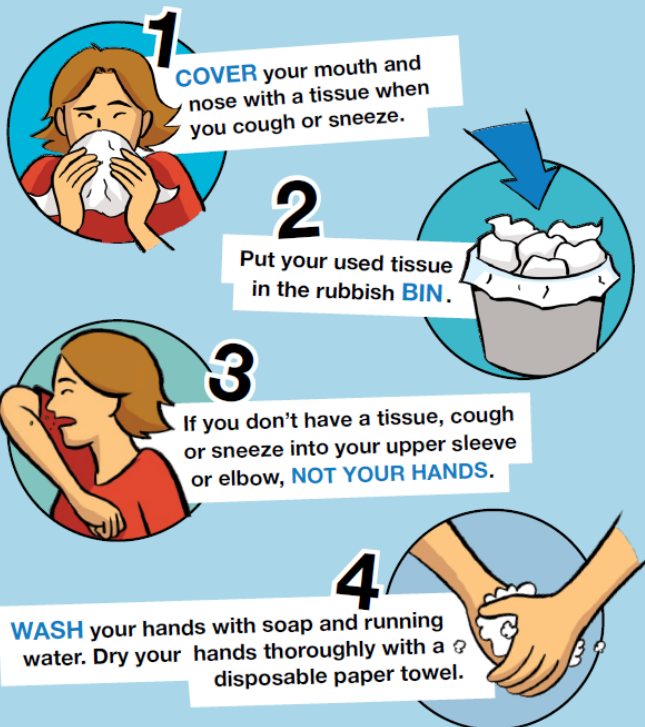
You Can DO It

Congratulations to the following students who were awarded ribbons for Persistence.

PA	Abbie Lowdell
PC	Mason Considine
PJ	Jack Mora
PW	Jaime Bench
1A	Liam Cherry
1T	Charlize Dremel
1/2B	Ruby Lucca
2H	Chloe Jackson
2Z	River Gahleitner
3M	Mia Brcan
3F	Charlie O'Sullivan
3B	Matilda Threlfall
4B	Isabella Lawrence
4S	Lily Salmon
5/6C	Shyla Jackson
5B	Kaiden Kong
5N	Amy Holland
6A	Sheleah Perry
6S	Max Brandie

Protect yourself and your family

Cover your cough and sneeze



Stay germ free and healthy

A Victorian Government initiative
State Government
Victoria



SCHOLASTIC BOOK CLUB.



Notices for the Scholastic Book Club are being sent home today. It is the first Book Club for the term. If you would like to order a book from Book Club, all orders and monies must be returned by lunchtime on

Thursday JULY 21st.

Alternately, you can order your own child's Book Club online using the new LOOP system. If you have any queries regarding Book Club or the LOOP system, or would like some extra brochures, please come and see me in the Library.

Orders usually take about 1 week to arrive and will be delivered to your child's classroom.

Thanks, Jennifer Driver

LABEL YOUR CLOTHING/uniform

Please remember to label all of your child's clothing brought to school.

We have had a number of very NEW jackets brought to the office un named.



act, create, communicate

development through drama!

Boost your child's creativity, confidence

and communication skills.

Enrolling now for students aged 5 to 17 www.helenogrady.com.au

Studio location:

Sunbury

FREE TRIAL

Saturday 30th July

CALL NOW TO RESERVE YOUR PLACE

Contact the Principal

Joanna Melo Howard

0459 160 263



MESSAGE FROM THE ART ROOM!

Wanted - Has any one got unwanted pool noodles - red, yellow. Also we're Looking for more parents/grandparent willing to do some costume sewing at home. Thank you to those parents who have already offered their time.

Thank you, Louise Rowan

REMINDER ANY HELPERS AVAILABLE FOR CANTEEN DUTY PLEASE CONTACT THE OFFICE. :)

KEEP WARM EVERYONE



ROCK UP NETBALL



NETBALL. We have a FREE Rock Up Netball session starting on **Wednesday 3rd August 11am-12pm at Eric Boardman Stadium, SUNBURY.** The sessions are a different way to play netball, in a fun and relaxed environment, targeting women aged 15+ to increase activity levels and provide a social atmosphere. If you are new to the sport, looking to return, or simply would like more netball in your life, these sessions are for you! **We are also running a FREE TASTER session on Thursday 30th June 10.00-11.00am.**

A DIFFERENT WAY TO PLAY