

Kismet News

Building the foundations for success and happiness

Dear Parents, Staff and Students,

We start this week by congratulating all of our Prep to Year 2 students for their efforts in competing in Tuesday's Cross Country event. Thank you also to the family members who braved the cool and windy conditions to encourage and support participants during the event.

A huge thank you also goes out to all the Mothers and Grandmothers who attended this afternoon's Mother's Day Afternoon Tea. Congratulations to all our raffle ticket winners. We trust that you enjoyed your afternoon!

MONEY SMART

Last week we were informed that Kismet Park has been nominated as a best practice example of financial literacy education in Australia. To further promote the Money Smart program we will now be involved in interviews from which a short video will be produced about what we do. Well done to all!

JAPANESE HOMESTAY VISIT

Monday 25th—Sunday 31st July

We are very lucky to have a group of 15 to 26 students from Tokyo visiting Kismet Park between Monday 25th July and Sunday 31st July 2016. We are now looking for families who are interested in caring for our visitors in their home during their stay. If you are interested in having 1,2 or 3 visiting students staying with your family please speak with Glenn or Cynthia for further information and to arrange an expression of interest.



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NAPLAN

NAPLAN (National Assessment Program Literacy Numeracy)

NAPLAN Testing for students in years 3 & 5 will be held next week on Tuesday 10th May, Wednesday 11th May and Thursday 12th of May. Last week students in Years 3 & 5 received further information about NAPLAN. It is particularly important that the students in this area of the school are here and ready for the start of the school day.

Catch up tests for students who miss tests through absences will be offered wherever possible. Catch up tests must be undertaken by Friday 14th May. For more information about the tests please speak to your child's teacher or visit the VCAA website at www.naplan.edu.au

PREP 2017 ENROLMENTS

Our 2017 Prep enrolment process will commence soon with information sessions being held at the following times:

Tuesday 24th May at 9:30-10:30am

Wednesday 25th May at 7:00-8:00pm

Thursday 26th May at 9.30- 10.30am

Have a great week!

Glenn & Cynthia

EDUCATION WEEK NEWS

Education week is just around the corner!!!



We have some exciting activities planned to celebrate our learning at Kismet Park and it all begins on Monday the 16th of May.

Monday the 16th May

(Reading Café) You are invited to attend our morning reading sessions from 9 to 9.45am. Read with your child or bring a book to share.

Wednesday the 18th - the specialists invite you to their classrooms to see Art, Music and PE in action from 2.15 -3.15.

Finally we have a fun filled Family Maths Night planned for Wednesday evening involving the whole school. This evening session will begin at 6.30 and run for an hour.

Further information will be sent home or appear in the newsletter over the next couple of weeks. So keep those dates free and come along to enjoy and celebrate education with your children.

We look forward to seeing you!
Kismet Park Staff

DATES TO REMEMBER

Friday 6th Interschool Cross Country

Thursday 6th May: Interschool Cross Country

Tuesday 10th May: NAPLAN

Wednesday 11th May: NAPLAN

Thursday 12th May: NAPLAN

Monday 16th May: Education Week Café reading 9-9:45am & School Council

Wednesday 18th May: Education Week, Visit classroom specialist from 2:15

Wednesdays 18th May: Education Week, Family Maths night 6:30pm

Friday 20th May: Curriculum Day



KIDSMATTER HANDY HINTS

Helping your child to recognise, label and express their feelings and emotions

As your child gets older, labelling their feelings is one of the first steps in helping them understand and manage them. Children who know and manage their feelings are better able to recognise the feelings of others and to manage relationships.

Some ideas: Name and label your own emotions:

“I’m so excited to go to the park with you.”

“I feel a bit nervous when I meet new people”.

Using feeling words when you talk with your child about everyday situations will help them to learn the language of emotions. It will become their way of expressing themselves if the language is used consistently.

Invite your child to describe their own feelings:

“I feel a bit disappointed that the trip has been cancelled. How about you?”; “How did you feel when...?”



Starting conversations During times of change, try to find time and space to allow your child the opportunity to talk about their thoughts and experiences. This can help you to gauge how they are feeling. You might share a story about a time when you felt a similar way about a change and how you handled it. Children need to know that they are not alone and that many people have similar experiences – even adults.

Using pretend play: Children also express their thoughts and emotions through their everyday play. The use of toys, dolls or animal figures can help with imaginative play and allow your child to act out a situation that they may be experiencing. As a parent or carer you can assist them in working through the situation by discussing and developing possible solutions. This can help your child in their everyday life.

Active listening: Active listening is a practical way you can help your child express how they are feeling, particularly when you notice changes in their behaviour. It involves naming the feeling and the situation or event that led to it. Importantly, it can also allow your child to feel that you understand what they are going through. Picking the right time is important for active listening. If your child is very distressed or says they don’t want to talk, ‘being there’ (sitting with them, cuddling them or being nearby) until they are less upset, or saying you are ready to talk when they are, is likely to be more helpful. Sometimes children may not be able to talk about how they are feeling and may need your help to name the emotion. With the use of active listening you can help by suggesting the name of the feeling for them. For example: “It sounds like you felt upset when Dad didn’t ask what you wanted for lunch.”

Tips to get you started

Stop and try to give your child your full attention (i.e., stop whatever you are doing) as this can help you to be fully attentive and shows your child that they are important. **Look** at your child and, if possible, getting down to their level to show them that you are listening. This may help your child to open up. You might also move somewhere quiet where you can both sit and relax together (e.g., on the couch).

Listen carefully to what is said without interrupting – it is easy for children to lose track of what they want to say if they are interrupted. Show your child you are listening by giving them eye contact and nodding where appropriate.

Reflect the feeling. Use the opportunity to gently describe what you think your child is feeling and why. Be like a mirror – reflect or describe the emotion you think your child is feeling and why. This allows you to check if you have understood how your child is feeling – he or she can usually tell you if you are right or wrong.

Active listening can be useful not only during transition, but in any situation where your child is experiencing strong emotions.

Information sourced from www.kidsmatter.edu.au/primary

Student Well-being and Engagement



Good Sport		
	PREP	Mackenzie Baird for her excellent line work in her garden composition.
	1/2	Matilda Whelan for demonstrating excellent paper skills creating a three dimensional flower.
	3/4	Courtney Kalms for demonstrating excellent pastel work in her enlarged flower image.
	5/6	Kyla Ward for excellent scissor work of a netballer.
Budding Artist		
	PREP	Hunter Bates for showing good kicking skills in soccer activities
	1/2	Jake Neil for showing good control while dribbling a basketball
	3/4	Lillie McCosh for demonstrating good netball skills
	5/6	Sebastian Reino for showing good control with the ball during soccer activities.
Great Performer		
	PREP	Chloe Adamo is a wonderful helper in the music room– Well done.
	1/2	Ellie Hulme is trying very hard when playing the keyboard and ukulele– Keep up the good work.
	3/4	Chloe Strange, its wonderful to see Chloe joining the dance group for production– Wonderful.
	5/6	Syd Guyett is working very well on his production script– Great character voice.



IMPORTANT MESSAGE FROM THE CANTEEN!

Naomi & Sara would love some help on a Friday in the canteen. If you have some spare time please consider volunteering in our canteen, the kids always love having a visit from Mum/ Dad or Nan/ Pop.

Thanks to our parent helper's

Friday 6th May:

9:30-11:30am: Tash Cecchini

12:30-2:00pm: Janine Hodgson

Friday 13th May:

9:30—11:30am: Jodi Nielsen

12:30—2:30pm: Jen Johnson



Our weekly recap

We have had another great week at extend, there have been lots of fun activities on offer for the students to pick what they would like to do.

We started the week off with pancakes, they put a big smile on all the kids faces. Students completed lots of homework with the assistance of fantastic staff members. There were lots of arts and craft activities taking place, especially with mothers day coming up and students enjoyed some friendly games of football and downball.

All the staff at extend

Next weeks activities:

Monday 9th May science- slime making

Tuesday 10th May: picture frames

Wednesday 11th may: homework club
cooking- chocolate crackles

Thursday 12th May: round robin sports

Friday 13th May: rainbow strings hama beads



The Big Read

To all parents/guardians come in and join us in our classrooms from 9-9.45am on Monday 16th May to participate in our 'Big Read'.

During this time students as well as parents/guardian are asked to bring in something they love to read to read to someone or read to self. You could bring in your favourite picture story book, the footy record, a comic or even the sports section of the newspaper to share with a group of students. We look forward to seeing you there!



FREE Quality trampoline looking for a new home.

Fully sprung rectangular mat 4.6 x 1.75m

4 Safety mats (1 is damaged) this Olympic size trampoline comes with NO side safety netting and will require to be removed with an angle grinder.

Large trailer required for pick up.

Contact Don 9744 1017

Happy Mother's
Day 

