

Building the foundations for success and happiness

Dear Parents, Staff and Students,



Pay using Qkr! at Kismet Park Primary School

The Qkr! app is available for families of students at Kismet Park Primary. Qkr! by MasterCard can be downloaded for free from Apple's app store for iPhones (iPads should download the iPhone app) or from Google Play for Android phones and tablets. After downloading the app and registering, simply scan the QR code on the left using the Qkr! Code scanner or type KISPPS after tapping the magnifying glass in the top right of the home screen of Qkr!, and then the app will always recognise you as part of Kismet Park Primary in future to make payments even easier. You can order and pay for Canteen orders right now using Qkr! To make payments immediately why not download it today and take a look at our school on Qkr! We will expand QKR to include payments for excursions and other items in 2016. NB: If you do not wish to order and pay for lunch orders via QKR!, you can still order in the traditional way via cash to the canteen. You will find further instructions with today's newsletter. All feedback to the school office is very welcome.



On Wednesday 11th November our Junior School Councillors will be representing our school at a Remembrance Day Service conducted by the Sunbury RSL. The service, which will take place at the Memorial Hall in Barkly Street, commemorates an important time in our country's history.

Contact Us:

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PO Box 220
Sunbury Vic 3429
(03)9744 4566
E-mail:

kismet.park.ps@edumail.vic.gov.au

Thank you to the Sunbury RSL for including local students in their commemorations so that our students can gain an appreciation of the importance of such events.

PREMIER'S READING CHALLENGE

Congratulations all 130 recipients of this year's Victorian Premiers' Reading Challenge Certificate of Achievement. We are sure you have enjoyed a wide variety of novels, picture books, Short stories, poems and non-fiction stories as part of the challenge. Recipients will be acknowledged at assembly on Friday afternoon.



REGION BASKETBALL

The Northern Metropolitan Region Basketball finals were held last Friday, 30th October. The Boys' Basketball team qualified for the final but were defeated in a close game. Well done to Ryley Bishop, Mitchell McLean, Tomas Mueller, Daniel Salvatore, Cooper Shoebridge, Elijah Sinfield and Daniel Stubbs. Thank you to Jordan Tauhinu (injured) for his continued support.



The Girls won the Region final and will now compete at the State Finals on Tuesday 17th November.

Congratulations to Taylah Bailey, Chelsei Bowman, Kiralee Collings, Samantha Dellar, Jade Dunne, Abby Hildebrand, Holly Hodgson and Imogen Wardley. Both teams demonstrated great skills, team work and sportsmanship in the way they played.

A special thank you to our coach Mick Betson and the parents who came to support.

Congratulations to our grade 3 students who attended an environmental creek study walk yesterday. The students studied the areas of habitats, water conservation and pond ecosystems at Kismet Creek and the influence pollution has on the environment. They were interested to discover that the health of the lake was conducive to a well-balanced ecosystem. Thank you to our dedicated staff who continues to offer our students great educational opportunities that extend and engage our children.

Have a great week!

Glenn & Cynthia

Class Placements 2016

If there is any information that we may not be aware of that may affect your child's class placement next year please put the details in writing or complete the form provided later in this newsletter and forward to the office marked Attention: Mr Glenn McConnell by Friday 30th of October. This is not a teacher / class selection process, but an opportunity to provide information which may assist with your children's social and academic grouping. While all information will be carefully considered we can not guarantee that all needs will be met.

Planning For 2016

To assist us with our forward planning we ask any families / students who are moving to another area and not returning to Kismet Park in 2016 to notify the school office as soon as possible. This information is critical in terms of class structures and staffing.

Thank you for your assistance.

D A T E S T O R E M E M B E R

Friday 6th November: Assembly 2:30pm

Friday 6th November: Money due for Grade 3 Excursion—ScienceWorks

Friday 6th November: Barefoot Bowling Men's Social Club 6-8pm

Wednesday 11th November: Footstep money due (Year Prep -6)

Monday 16th November: School Council Meeting 6:30pm

Monday 23rd November: 2016 Prep Parent Information Session 7-8pm



Engagement & Well-being

TODAY'S PARENT

Article by Clare Kumar

It's never too late to teach time management

Success in school is defined by more than just how much one studies. Just as important is how kids go about getting their work done and completed on time. A recent study by Intel Canada highlights that, if given the chance, the top two pieces of advice post-secondary students would give their younger selves are to learn how to better manage their time and improve self-discipline.

As students grow, they become more independent managers of their possessions and their time; yet time management and organizing skills are only lightly touched upon rather than a core part of the curriculum. Here are eight tips kids can use to better their chances of success in school, and later on in life.

1. Provide tools that suit your child's learning style

Learning can take place more quickly if the teaching methods and tools suit how your child likes to learn. We use a mixture of visual, auditory and kinaesthetic approaches to learn, and likely have a preference for one over the others. Intuitive-to-use touch screens are appealing to young users, especially those with a preference for kinaesthetic learning.

2. Create a study zone that promotes focus

Create a study environment that promotes focus for your child. Some prefer silence, whereas others focus better with music in the background. Some kids will be able to sit and work independently whereas others will need gentle reminders to go back to their work.

If your child isn't completing homework in an appropriate amount of time, re-examine and adjust his working environment.

3. Use the right time-management tools

According to Intel Canada's recent study, 87% of students polled recognize that time-management skills are critical, yet 43% of students polled report a significant lack of confidence in them. To effectively manage time, it's important to have the right tools at hand. These include clocks, watches, timers and of course, calendars.

For younger kids, planners or school-issued agendas can be effective. Encourage them to look at the month view which helps make time less abstract. For older kids, a calendar application on their computer (with the necessary view-by-week and by-month), which syncs with their smartphone, is a convenient choice.

4. Schedule time for homework in the calendar

Often calendars are used to record due dates or appointments, leaving large swaths of time unallocated. This gives a misleading sense of how much time is available to use for schoolwork, play and other responsibilities. Help your child break down projects into pieces of work that can fit into 30-

to 90-minute blocks of time, and schedule these in the calendar.

5. Coach self-discipline

Self-discipline is identified as a crucial skill by almost all students in the recent study by Intel Canada.

Help kids improve self-discipline by giving them the responsibility of managing assignments or parts of a project on their own. Discuss the benefits of focusing on their work rather than following distractions. Let kids experience the consequences of mismanaging their time, and use it as a learning tool. Role-modelling self-discipline also helps.

6. Manage sleep and energy for top performance

If you're tired, cold or hungry, isn't it much harder to think clearly? The same applies to kids. Providing nutritious food and enforcing appropriate bedtimes will help avoid lack of sleep, which may sabotage the next school day and create a vicious cycle of poor attention and chronic lack of energy to complete school work. Getting fresh air and adequate exercise also helps boost energy and focus. Taking physical breaks every 60 to 90 minutes can also help keep your child refreshed.

7. Keep technology up to date

If your child is working on an older, slower, possibly unreliable computer, it could be sabotaging her productivity. If it's time for a new PC, consider what you want to do on it, how portable it needs to be and your budget.

8. Lighten the load

Kids have to cart a lot around. Lunches, water bottles, gym clothes, and of course books, tablets and computers for school work. Help manage the load by providing a sturdy, light weight and durable backpack and encourage eliminating weight when possible by accessing information digitally, consolidating devices and archiving older papers.



Student Well-being and Engagement

Learning to conquer fears and worries

From monsters hiding under the bed to creepy crawlies and wild weather, children can be scared of all sorts of things, real and imagined. While these fears may seem unreasonable to adults, they're very real to children. Who hasn't looked under the bed for an imaginary monster that elicits just as much fear as a live animal?



Fears change throughout childhood. Babies might be afraid of loud noises and strangers; toddlers of being on their own or invisible creatures; and school-age children of real things that might happen such as being hurt.

Like anger, fear is a normal emotion and can actually help us to prepare for danger – it makes us alert and ready to take action. But unlike anger, it's not always easy to tell when children are frightened or worried. They might be embarrassed about sharing their feelings and instead communicate their fear through lack of confidence to do things they happily did before, sleeping difficulties and complaining of tummy aches or headaches.

Kids need adult support to learn to cope with fears and the good news is there's lots you can do to help:

Acknowledge how your child is feeling and name it. Saying your child is feeling scared or worried can help them to see it as a normal emotion that can be overcome.

Tell stories about how you learned to overcome fears when you were their age. Perhaps you mustered the courage to look under the bed for the monster or watch lightning in the sky during a storm.

Ask what their favourite hero might do in the same situation. Would Spiderman be afraid of monsters under the bed?

You Can DO It

Congratulations to the following students who were awarded ribbons for Confidence.

PB	Phoebe Carr
PC	Baren Nakamura
PW	Nate Burnett
1/2 M	Liam Delaney
1R	James Dicker
1T	Robyn Longworth
2B	Noah Nielsen
2H	Kitty Sinfield
2S	Xavier Berry
3B	Jason O'Rafferty
3C	Mackenzie Michielin
4J	Zac Main
4S	Jacob Fulton
4Z	Henry Bakes
5/6C	Cooper Shoebridge
5W	Mavrick Campbell
5Z	Mikayla Gorman
6A	Skyla Turner
6G	Hannah Smajila

ICAS

All certificates for English and Maths will be presented at Assembly on Friday 6th November.



Extend OSHC at Kismet Park P.S

Term 4 Community Project

Once a year Extend launches a major Extend-a-Hand initiative that equips children to contribute to the wider community. This year we are partnering with Meals on Wheels so that the children in Extend's programs can make placemats for Meals on Wheels' recipients. Come along to After School Care for an opportunity to contribute to this great team project!

Weekly recap.

We have had a great week here at extend. There has been lots of fun and games all week. Students took part in our extend a hand program and made some fantastic placemats that will be going to a great cause. Students played lots of games including basketball, cricket, volleyball and a rugby league clinic. As the weather was great on Friday students ended the week with a water fight and icy poles, that everyone enjoyed.

Next weeks activities.

- Monday 9th November: extend a hand program
- Tuesday 10th November: box construction
- Wednesday 11th November: basketball skills session
- Thursday 12th November: cooking night
- Friday 13th November: rainbow strings colouring competition



CANTEEN NEWS

- Friday 6th November: Claire Gilson 9:00-11:30 am
Janine Hodgson 12:00-2:00 pm
- Friday 13th November: Rebecca Hamer 9:00-11:30 am
Kimberley Woods 12:00-2:00 pm

Thanks, Sara & Naomi

PTA NEWS



Thank you to everyone who has supported the recent Walkathon. Your support has been very generous and much appreciated.

If you have not returned your sponsorship money, please do so tomorrow morning to be in the draw for our fantastic prizes. Prizes will be drawn tomorrow at our assembly, Friday 6th November, 2:30pm.

Next Meeting: Monday November 16th, 9:00am in the staffroom.

All Welcome!

Contact us at: kismet-pta@hotmail.com

Sunbury Uniting Church's 12th Annual Giant Car Boot Sale & Craft Market



Saturday 21st November
from 8.30am
Uniting Church Hall & Village Green
Cnr Brook & O'Shanassy Streets

Stalls selling:

jewellery baby gifts confectionery
soy candles hand-painted glass
Christmas gifts artwork
... lots more !

Fun for the kids!

jumping castle pony rides
fairy floss show bags popcorn
Thomas for littlies craft activities
sno-cones sausage sizzle lucky dips



Live music!

also - our Devonshire Tea/Coffee café inside
and don't miss - our huge second-hand book stall !



The Leprosy Mission
The '4 Winds Cambodia Project' (inside)
Sunbury Divas (outside)

This is a great Christmas shopping opportunity!

Enquiries to Helen on 0407 506 507

STUDENT PLACEMENTS FOR 2016

Please return to KPPS marked Attention: Mr McConnell

Child's Name: _____ Grade: _____

List the special educational needs / conditions that your child has that we may not be aware of:

Signed Parent / Guardian _____ Date: _____