

Kismet News

Empowerment & Excellence in Education for all

Dear Parents, Staff & Students,

The excitement continues to build towards next week's Whole School Production. We are sure every member of every family has been involved in some way in the preparations for the whole school production, Keys To Australia.

We look forward to all the learning, rehearsing, organising, building and preparing coming to fruition in performances of quality, excellence and enjoyment for all students. We thank you for your involvement in the lead up preparations and hope you enjoy the show. Congratulations to Mr Langton and his support crew for all their work in providing our students with such a wonderful opportunity to showcase their talents.

Please note that on Production Days students will be eating lunch at 12:10-12:25pm. We ask all families to refer to Production information that accompanies today's newsletter for clarification of next week's arrangements. If you still require tickets they can be purchased through the school office.

We wish year 5/6 students involved in tomorrow's Sunbury Schools Summer Lightning Premiership all the best. Such events are a great opportunity to put into practice the true values of sportsmanship along with the You Can Do It! Foundations.

Finally, we look forward to tomorrow morning's Father's Day Breakfast. With over 300 dads and children coming along it is going to be an exciting start to the day. Breakfast for those with tickets will be served in the Gym from 7:45am with classrooms opening from 8:15am. Thank you to PTA and all who are assisting with this great event.

NEWSLETTER DELIVERY CHANGE

As a result of recent feedback and discussions at student forums we have decided that from next week newsletters will be sent home with the eldest child in each family. It is an expectation that students carry communications to and from school in Red Communication Bags introduced by School Council a number of years ago.

Please promote the importance of this role with your child. ****PLEASE NOTE THAT DUE TO THE PRODUCTION NEXT WEEK'S NEWSLETTER WILL BE SENT HOME ON FRIDAY 12th SEPTEMBER******

SUNSMART REMINDER



No Hat No Play from Monday 1st September

From Monday 1st of September here are 5 things to remember... UV levels in Victoria are on the rise again so from September it will be time to grab your sun protection gear and do the SunSmart Countdown. Whenever UV levels reach 3 and above, sun protection is needed because that is when the sun can start to damage skin and eyes and lead to skin cancer. Use a combination of

the following five sun protection measures:

1. Slip on clothing that covers as much skin as possible (no singlet tops).
2. Slop on SPF30+ broad spectrum sunscreen (remember to reapply it before going outside).
3. Slap on a wide brimmed hat that shades the head, face, neck and ears.
4. Seek shade.
5. Slide on some wraparound sunglasses (labelled AS 1067).

Be especially careful during the middle part of the day (between 10am - 2pm or 11am - 3pm daylight saving time) when the sun's UV levels are most intense.

IT'S NOT GREAT TO BE LATE -CLASSROOM TIME IS '5 TO 9'

Punctuality is a valuable habit for children to learn. Students arriving late miss out on important information or instruction time at the beginning of the learning session. It also distracts other students from their work and disrupts teachers. As we strive to make the most of all learning times, please assist class teachers by ensuring your children arrive at school on time.



Remember our Welcome Time invites students into their classrooms from 8.45 to 8.55am each morning to unpack their schoolbags and Red Bags to ensure readers, notes, monies and permission slips are placed in their appropriate locations before instructional time.

D A T E S T O R E M E M B E R

N O T E S H O M E

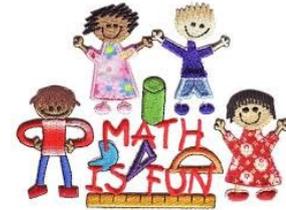
- Friday 5th September: Father's Day Breakfast
- Sunday 7th September: HAPPY FATHER'S DAY TO ALL OUR DADS!**
- Monday 8th September: Dress Rehearsal Cast 1 & Division Athletics
- Tuesday 9th September: Dress Rehearsal Cast 2
- Wednesday 10th September: School Production
- Thursday 11th September: School Production
- Friday 12th & Saturday 13th September: Painting Bees
- Monday 15th August: School Council
- Wednesday 17th September: Family Life Session 3
- Thursday 18th September: Rugby Gala Day
- Friday 19th September: LAST DAY OF TERM 3- **2:30PM FINISH!**

Happy Father's Day



- Production Newsletter
- Spring Racing TRIVIA Night
- Cartoon Workshop Flyer

Junior Maths Challenge



Answer to Hundreds Board Puzzle Number 4

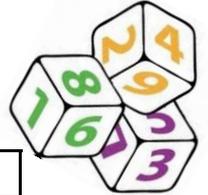
36		38
46	47	48
56		58

4. (46, 47, 48) Familiarity with the hundreds board will help students solve this problem. A move to the right increases the number by one for each square moved, if you move to the left the numbers decrease by one. If you move up the number decreases by ten and if you move down it increases by ten. Games on the board that use these patterns add to students' confidence and number sense.

Seniors Maths Challenge

Answer to Number 4 Maths Test Problem

Problems Correct	Points	Points Taken Away	Score
20	100	0	100
19	95	1	94
18	90	2	88
17	85	3	82
16	80	4	76
15	75	5	70
14	70	6	64



KISMET CANTEEN PRODUCTION AT INTERVAL



*Tea / Coffee & Milo \$2.00 *Baked items \$1.00 *Chips \$1.50



*Lollypop & Freddo's 50c

If anyone is able to assist on either Wednesday or Thursday at interval please let Sara or Naomi or the office know!!!!



	Prep	Grade 1/2	Grade 3/4	Grade 5/6
Good Sport	Patrick Merrigan for displaying excellent dance moves in the activity circles.	Courtney Kalms for excellent partner dancing.	Sheleah Perry for excellent gymnastic skills.	Drew Pratt for displaying excellent leadership and organisational skills.
Budding Artist	Hayden Spence for his ability to paint his whole page demonstrating a colourful background with a great image of vegemite kid.	Maddison Vowles for an excellent painting creating the impression of movement. Used detail in proportion to overall scene.	Hunter Kelly for his ability to follow directions to sketch an excellent yacht.	Ruth Bertsson for demonstration of her excellent painting knowledge to oversee the community 'care works' project.
Great Performer	Bailey Mowlam showing himself to be an excellent performer for the school production. Every time there is practice Bailey puts effort into his dance. Well Done Bailey!	Toby Wilson—On Monday the students were practising in the gym for the performance. Toby was an excellent participant who listened carefully and danced enthusiastically. Great Dancing Toby!	Harmony Faltiska shows a drive and determination when performing in many areas of the production. She brings an excellent attitude and smile to practice and I congratulate Harmony for her efforts. Well Done Harmony!	Holly Mifsud has shown herself to be an excellent performer and choreographer. Holly displays a passion for dance and has been a wonderful assistant with the dance steps. Well Done Holly!



STUDENT ENGAGEMENT & WELLBEING

School Production - You Can Do It!

There is great excitement in the air in anticipation of one of our most popular and major school events – the School Production! Our students, staff and community members are in full swing with preparations and rehearsals so it is timely to think about how we assist our children with dealing with their emotions, expectations and wellbeing during this time. To ensure they are ready to perform in front of a very captive audience next Wednesday and Thursday, there are strategies both teachers and parents can use at to help our students get the most out of this fantastic learning experience.

The school production plays an important role educationally by providing opportunities for students to learn a range of curriculum skills in the areas of performing arts, visual arts, communication and personal development. To further support students in participating in an experience that may take them outside of their comfort zone, the school in partnership with home can promote positive thinking and many of our You Can Do It! Strategies.

Habits of Mind aid students in school and adults in everyday life as they are challenged by situations for which the solutions are not immediately apparent. The following habits of the mind support success both at school and in later life. In regard to our School performance, they are reflected in the You Can Do It! Foundations of: Confidence Organisation, Getting Along, Perseverance and Resilience:

- Accepting Myself (Self-Acceptance)-not thinking badly about yourself if you make a mistake
- Taking Risks (Take Risks) -thinking that it's good to try something new, even though you might not be able to do it to the standard expected of yourself
- Being Independent (Independence) -thinking that it's important to try new activities that will be useful in the future
- Believing 'I Can Do It' (Optimism) -thinking that when performing is hard, you can still do it. It also means not thinking you're not good at anything and never will be when you have difficulty with a new learning experience.
- Giving Effort (Internal Focus of Control for Learning) - thinking that the harder you try, the more successful you will be as well as knowing that success is not caused by external factors (luck, ease of task) but by internal factors (effort).

Finally it is very important that children learn to be aware of their own emotions and physical wellbeing by developing self-awareness. So as parents you have a vital role in providing encouragement, enthusiasm and reassurance as well as reminding your children about the importance of rest and a healthy diet to ensure they are in the best possible mental and physical shape to thoroughly enjoy being in part of our school production.



PRODUCTION DVD ORDER FORM DUE BACK THIS FRIDAY– KISMET CAN NOT ACCEPT ANY LATE ORERS! ANY ORDERS MISSED YOU WILL BE DIRECTED TO THE DVD COMPANY THAT CHARGE AN EXTRA \$10 PER DVD! *PLEASE SPECIFY WHAT NIGHT YOU WANT ON THE ENVELOPE*.

EXTEND WEEKLY RECAP

This week has been another fantastic and fun filled week at extend. We had some fun playing and experimenting with bubbles and seeing how big we could make them. With the weather being as good as it has, we have spent lots of time outside playing games. Coming up to footy finals has meant we have some great football matches with most students involved in the games throughout the week. - Peter

Next week's activities:

- Monday 8th September: Down ball competition
- Tuesday 9th September: Volleyball night
- Wednesday 10th September: Plaster fun house
- Thursday 11th September: Stress ball making
- Friday 12th September: Slime making

Kids Club Competition

NOW OPEN FOR ONLINE VOTING!

Visit extend.com.au to vote!

A big thank you to all the children who entered and put in so much hard work into their impressive Kids Club entries. Judging each entry was extremely tough but we've narrowed it down to the shortlisted winning entries. Make sure you head to our website to vote! Voting ends: Friday 5 September 12.00pm



AFL

HOLIDAY PROGRAM– COME JOIN US

Darley Park corner Grey & Fitzroy Street.

Wednesday 24th September 9:00am—3:00pm

\$60 to register. A day packed full of footy fun!

Test your skills in a mini AFL draft loads games and fun to be had!

Register now at
www.aflvholidayprograms.com.au



Contact Us:

McEwen Drive

PO Box 220

Sunbury Vic 3429

(03)9744 4566

[kismet.park.ps @edumail.vic.gov.au](mailto:kismet.park.ps@edumail.vic.gov.au)

<http://kismetparkps.vic.edu.au>



"When I have a mental health moment I think about riding my bike faster"

"When I have a mental health moment I think of things I love such as my dog or my family"

"When I have a mental health moment I think about quiet things such as water"

Kids Matter in 5/6A

Kids Matter is for mental health and wellbeing for kids and everyone in the school community.

"When I have a mental health moment I think about horses galloping in a field"



"When I have a mental health moment I think about music"

Mental Health: having a positive and relaxed mind and being able to deal with hard times.

In 5/6A we have been talking about mental health. We have been having mental health moments to practice for when we are feeling emotional or frustrated.

When we have a mental health moment: First we close our eyes, then we breath in for three seconds, hold for one second, have a positive thought and then release for four seconds.

"When I have a mental health moment I like to think about how lucky I am to have nice, caring friends that always make me laugh and make my day"

"When I have a mental health moment I think about how lucky I am to eat, sleep and be educated in a safe environment. I also think about how I am lucky to have such great friends"

"When I have a mental health moment I think about all the things that I am proud of and what I like the most"