

Building the foundations for success and happiness

Dear Parents, Staff and Students,

It is hard to believe that next Thursday we will welcome our 2017 Prep students at their first orientation session. The excitement is also building toward the 3/4 camp down at Anglesea and the popular end of year Tchoukball competition is underway. Hard to believe where 2016 has gone!

CHILD SAFE

Kismet Park Primary School is committed to child safety. As a community we want children to be safe, happy and empowered. We support and respect all children, as well as our staff and volunteers. We are committed to the safety, participation and empowerment of all children. There is zero tolerance of child abuse, and all allegations and safety concerns will be treated very seriously and consistently with our robust policies and procedures. We meet our legal and moral obligations to contact authorities when we are worried about a child's safety, which we follow rigorously.

Kismet Park Primary School is committed to preventing child abuse and identifying risks early, and removing and reducing these risks. We have human resources and recruitment practices for all staff and volunteers. Our school is committed to regularly training and educating our staff and volunteers on child abuse risks. As a community we support and respect all children, as well as our staff and volunteers. We are committed to the safety of all children. Kismet Park Primary School has specific policies, procedures and training in places that support our leadership team, staff and volunteers to achieve these commitments.

At Kismet Park Primary School:

- Everyone connected to our school can help children be safe.
- We have zero tolerance for any abuse of children.
- We already have policies and processes in place to protect the care, safety and welfare of children.
- There are clear boundaries about how adults in our school community may interact with the children. These are set out in our school's Child Safe Code of Conduct which will accompany next week's newsletter.

A copy of our Child Safe Policy accompanies this newsletter.

In the coming weeks all Child Safe related documents will be made available on our school website. We will let you know as soon as they are available.

YEAR 5&6 IPAD PROGRAM

This week families of Year 4 students received our iPad booklet 'Igniting Curiosity' which includes important information regarding the 1:1 program and choice of iPad for 2017. An iPad commitment letter accompanied this information. Parents are asked to indicate their intention to provide an iPad for their child to assist with our forward planning. Please see Glenn or Cynthia if you require any further information.

PLANNING FOR 2017

To assist us with our forward planning we ask any families / students who are moving to another area and not returning to Kismet Park in 2017 to notify the school office as soon as possible. This information is critical in terms of

class structures and staffing. Thank you for your assistance.

Have a great week!

Glenn & Cynthia

EXTEND'S WEEKLY RECAP

we have had lots of fun at extend this week, we celebrated the Melbourne cup by dressing up as jockeys and having our own races, we played lots of games together and completed a lot of homework tasks. We got very creative with some of our arts and craft activities. We spent lots of time trying to catch bugs and butterflies to try and figure out what lives in and around the buildings and we made lots of giant bubbles with our own special bubble mixture.

All the staff at extend

Next week's Activities:

Monday: Dinosaur creations, group games

Tuesday: Balloon games, paper plane competition

Wednesday: Homework club, science- slime

Thursday: Cooking- chocolate crackles

Friday: Treasure hunt, table tennis round robin

COMMUNITY CHRISTMAS PICNIC

Thursday 8th December

5:30-7:00pm Family Picnic (BYO)

7:00-7:45pm Christmas Carols

Invitations to our Community Christmas Picnic accompany today's newsletter. We look forward to getting together for a great evening of fun



Contact Us:

McEwen Drive
PO Box 220

Sunbury Vic 3429
(03)9744 4566

E-mail:

kismet.met.park.ps@edumail.vic.gov.au
<http://kismetparkps.vic.edu.au>

DATES TO REMEMBER

Tuesday 15th November—Footsteps Year 6

Thursday 17th November - Prep Orientation 9.30am

Friday 18th November—Footsteps Year 6

Wednesday 23rd November—Grade 1 & 2 Incursion Starlab

Wednesday 23rd November to Friday 25th November—Grade 3/4 Camp

Tuesday 6th December—Prep Grades Excursion Animal Land Children's Farm

Engagement & Well-being

FEELING POSITIVE ABOUT SCHOOL CAMP

Written by [Regina Camacho Ferrari](#)

Camp is part of the school curriculum. School camp is a fantastic opportunity for children to develop new skills, friendships and interests. However, for many kids (and their parents!) just the thought of sleeping away from home can provoke high anxiety.

Some of the common worries about camp include:

- Not being able to sleep properly
- Not liking the food camp will offer
- Who they will be sharing a cabin with
- Not enjoying the activities camp will offer

Feeling homesick, and so on.

Although these are understandable concerns, it is important to help kids feel more positive about camp and to overcome the fear of not enjoying camp.

The benefits of school camp are numerous, here are my top five:

1. Development of social skills

School camp is a great opportunity to develop a range of social skills. Most activities at camp involve team work, which is great to strengthen established friendships and also to develop new friendships by connecting with children they don't regularly talk with at school.

Through bonding activities, children develop supportive relationships not only with different children, but also with their teachers. At camp, children have the opportunity to learn about acceptance, caring and understanding.

2. Development of independence skills

For many children school camp is their first time away from family and home for a few nights. Parents are not there to remind their kids to eat their vegetables, brush their teeth, or to have a shower.

Therefore, this is a great opportunity for kids to grow up by learning how take care of themselves and to do things on their own. Most kids do rise to the challenge and learn to rely on themselves when they spend time away home.

3. Development of decision-making skills

Should I go with my friends or should I do the activity I really want to do? Should I have the third slice of

pizza? Should I stay up or go to bed? – Supervising teachers are not able to hover over each child all the time, so at camp, children are responsible for making their own choices.

4. Increased environmental awareness

During camp, children are exposed to authentic nature-based experiences. Hands-on activities in the outdoors stimulate all senses and facilitate learning. Children become more aware of the environment, develop outdoor skills and appreciation for nature.

5. Learning new skills

At school camp, children will be exposed to a range of activities that they may not have tried before.

When away from their parents, children are often more adventurous and willing to try new things.

OK great... BUT what if your child is feeling anxious about camp?

Here are five tips to help your child feel more confident about going to camp:

1. Preparation is the key to feeling less anxious.

Talk with your child about their worries and fears. If it helps, talk about your own experiences at camp and how you overcame your own challenges. Other ways to prepare your child is by helping them to look forward to it:

- Discuss the activities they will be doing. Which ones will be challenging? Which ones will be fun?

- Practice sleeping away from home by having sleepovers at a close friend or family member's home.

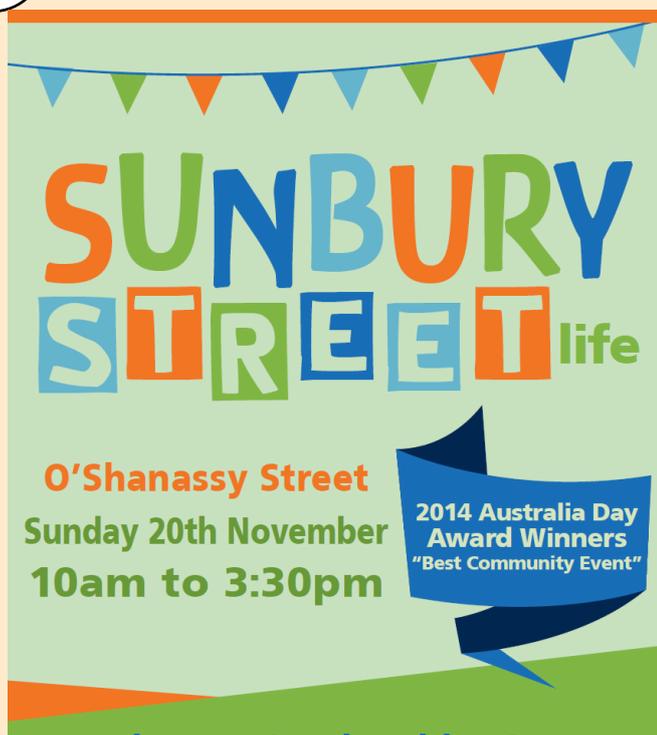
- Visit the camp's website and take a look at pictures/videos of where they are going. Together, you can even create a special "story book" that they can look at on the days before camp.

Contact the camp and ask if you can organise a visit with your child prior to their camp date. This will help your child to familiarise with the environment and feel less anxious about the unknown.

Student Well-being and Engagement



Big Effort		
Jack Treweek	PREP	For working tough and trying his best at school in all areas.
Zoe Spiteri	1/2	For putting lots of effort when she was sick
Sadie Bessell	3/4	For confidently sharing her knowledge about the Aquatic Biome with the class
Harmony Faltiska	5/6	For her improvement in all areas of the curriculum
Friendly Act		
Jack Mora	PREP	For always being there to support his friends in times of need.
Jack Hedges	1/2	For being kind and friendly towards others
	3/4	
Keana Beaumont	5/6	For her ongoing kindness and support to all of her peers in the classroom
Bright Spark		
Bowie Gibcus	PREP	For adding lots of detail and dialogue when writing narrative
Jordan Long	1/2	For amazing persistence on her testing
Caitlyn Edwards	3/4	For a huge improvement in reading
Kael Thomas	5/6	For excellent persuasive writing piece



Walk and explore new signs on your street

Ten footpath markers are going to be installed around Kismet Park primary school and we would like to invite students, parents and school staff to participate in the launch.

Date: 16th November

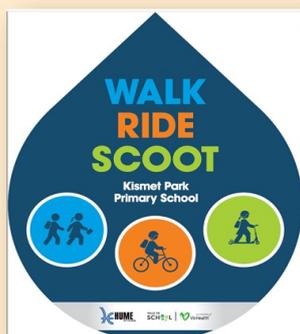
Time: 9:00am

Location: Kismet Park Primary School

The markers are part of the Walk to School initiative funded by VicHealth and delivered by Hume City Council. Walk to School encourages students to walk, ride or scoot to and from school throughout October to build healthy habits for life.

The markers will lead students, parents and teachers on an active and safe path to school and will be located within an 800m radius of the school grounds. You could park your car a few blocks away and walk, ride or scoot with your children to school. This will help you escape the morning traffic whilst improving your fitness, exploring your neighbourhood and making new friends.

Join us for this fun launch and kick-start healthy walking habits!



RUPO

Rupertswood
Football & Netball Club

NETBALL SEASON 2017

Sunday Competition:

U11, U13, U15 and U17 Players and Coaches wanted.

Monday Night Competition:

U16 Players wanted.

Registration Day

November 27, 1-3.30pm

Lakeside Stadium Rupertswood

Enquiries: Steve 0409 853 189 or

rupojuniornetball@gmail.com

LAMONT BOOK FAIR IN THE LIBRARY

The library is having a LAMONT Book Fair. The Book fair will be opened after school on Tuesday 15th, Wednesday 16th and Thursday 17th of November from 3.15-4.00pm

Hope to see you there!

If there is anyone who could help out with the Book Fair (even just for one afternoon) please come and see me in the library.

Thanks

Jennifer Driver

