

Kismet News

Empowerment & Excellence in Education for all

Dear Parents, Staff & Students,

Welcome back! We trust everyone had a wonderful break and all are ready for an action packed term. Term 3 will definitely be a busy one with a our whole school production being held in week 9.

You will notice on the accompanying Term Calendar that there are less assemblies this term. This is to allow for production rehearsals on Friday afternoons.

SCHOOL REVIEW

This term we will be reviewing our performance in the 3 keys areas of student achievement, engagement and wellbeing. Opportunities to participate in this process and share your thoughts will be advertised throughout the term. During this process we will develop our strategic plan which will outline the school's direction over the next 4 years. We look forward to your input.

FRIDAY DETENTIONS

On occasions learning times can be disrupted by the inappropriate behaviour of some students. Consequences of such behaviour include a range of measure including removal from the class, detentions at recess or lunch breaks or in severe cases suspension.

Commencing this term, *in addition to these measures* Glenn and Diane will be holding detention at lunch time each Friday. Students required to attend Friday Detention will be provided with a letter indicating their attendance. This letter is to be signed by a parent and returned to the school on Monday. We look forward to your support to ensure all students uphold our school pledge (see page 2).

ICAS ENGLISH & MATHEMATICS COMPETITIONS

Earlier this week invitations to participate in the 2014 International Competitions in English and Mathematics were sent home with *students identified as performing above their expected level* in one or both of those areas. While participation in this extra-curricular opportunity is not compulsory it is a great opportunity for those students to test their skills in a highly challenging external testing situation. Their participation will be celebrated at a school assembly later in the year when certificates of achievement are received. Please speak with Glenn, Diane or Rosie if you require further information.

Have a great week!
Glenn & Diane

PMI KEYBOARD FOR YEAR 2 This year we are able to offer a small number of Year 2 students access to the PMI Keyboard program. The program for year 2's will consist of a 30 minute session on Thursdays either during lunch time or between 3:15 and 3:45pm at the end of school. Please send a written expression of interest including your child's name and class along with your contact details to Glenn indicating your preference for the lunch or after school session by Wednesday 23rd July.

HAND, FOOT & MOUTH VIRUS

We have been notified of a few cases of hand, foot and mouth disease reported. Please see further information about this virus on page 2.

PREP 2015 ENROLMENTS

Our 2015 enrolment has commenced. This information allows us to commence planning for the coming year. As the number of student enrolments determines staffing and classroom numbers, it is vital that we establish student numbers for 2015 as early as possible. When enrolling a child, please bring proof of age (e.g. Birth Certificate or Passport) and a School Immunization Certificate.

D A T E S T O R E M E M B E R

Friday 18th July: 2:30pm Assembly
Monday 21st July: School Council
Wednesday 23rd July: PTA Meeting at 6:30pm in the staffroom
Friday 25th July: Return ICAS Forms by this date / Division Netball
Tuesday 29th July: ICAS English
Friday 1st August: 2:30pm Assembly & School Working Bee
Saturday 2nd August: Working Bee
Wednesday 6th August: Family Life Information Night 6-7pm
Tuesday 12th August: ICAS Maths & Parent Teacher Interview
Wednesday 13th August: Parent Teacher Interview
Friday 15th August: 2:30pm Assembly & School Production Practice

N O T E S H O M E

- Discount Voucher Booklet Order Form
- Term 3 Calendar
- ICAS English and Maths Competitions invitations for selected students from years 2-6
- 2015 Grade 5/6 Camp Information
- School Production Newsletter
- Kismet Kitchen Volunteer Form.
- Big Sports



OUR SCHOOL PLEDGE

We are the children of Kismet Park Primary School.

To make our teachers and parents proud we use courtesy, consideration and care.

We will play happily and safely in the yard and strive to make our school a better place to learn.

In 1996 the Junior School Council composed a school pledge that remains relevant today and fits well with our *Better Buddies* and *You Can Do It!* philosophies. The pledge is a simple affirmation of what it means to be part of our Kismet Park PS Learning Community. It reinforces for every student their role and shared responsibility in creating a friendly and safe environment and brings young learners together under a united oath. Our school uses the pledge at every school assembly as a means for building shared pride and recognising the importance of collective responsibility for how students care for one another and the importance of respect for staff, parents and visitors to our school.

It would be great if you could spend the time with your Kismet Park children to discuss the words of the pledge and what it means in actions at school. By reinforcing every child's role in being a considerate, courteous and caring student, we are promoting key characteristics of good citizenship and community spirit. The school pledge also helps to promote a sense of belonging which is a major focus of our Student Wellbeing program



YEAR LEVEL BLOGS

To keep families better informed about classroom programs this term all teams will be introducing Year Level Blogs which will be updated regularly. These regular Blogs will provide an overview of the learning taking place at the time so that families can better support their child's learning at home.

These Blogs will replace the curriculum Newsletters which have been used in recent years. Prep families received information regarding the Prep Blog (including password access) last term. All Blogs will be available from next week. Details will be included in next week's newsletter.

ASBESTOS LABELLING

As part of the Department of Education and Early Childhood Development's Health and Safety Management Plan, new labelling has been installed at our school. The labels remind people to contact school reception prior to undertaking any works at the school, to ensure they have up-to-date information from the school's asbestos register.

Asbestos - which was used extensively in building materials in the past but is now banned - is considered safe unless

damaged or in poor condition.

The new labels form part of a comprehensive program to ensure Victorian government schools remain safe.

Children's safety is our number one priority. That is why we are taking this extra step as a precaution.

(DEECD Infrastructure and Finance Services Group)

HAND, FOOT AND MOUTH VIRUS

Hand, foot and mouth is a viral infection which causes blisters on the hands, feet and mouth area. It is generally only a mild disease that lasts seven to ten days.

The most common signs and symptoms are:

- High temperature
- Sore throat
- Small, blister-like lesions that may occur on the inside of the mouth, palms of the hands and soles of the feet.

There is no connection between this disease and the foot and mouth disease that affects some animals.

HFMD is a mild illness that resolves within a few days. There is no specific treatment and usually none is required. Use paracetamol (not aspirin) as directed for fever and any discomfort. Offer plenty of fluids, but avoid orange juice, which is acidic and may cause pain with mouth ulcers. Allow blisters to dry naturally. Do not pierce blisters, as the fluid within them is infectious. If a child with HFMD complains of severe headache, if fever persists, or if there are any worrying symptoms, consult your local doctor immediately.

Prevention of HFMD

Good personal hygiene is essential to prevent the spread of HFMD to others, both for those infected and their carers. This includes:

- Washing hands carefully with soap and water after contact with the blister-like lesions, after handling nose and throat discharges, and after contact with faeces such as with toiletting and nappy changing.
- Using separate eating and drinking utensils.
- Avoid sharing items of personal hygiene (e.g. towels, washers and toothbrushes) and clothing (particularly shoes and socks).
- Thoroughly wash and clean any soiled clothing and surfaces or toys that may have been contaminated.
- Teach children about cough and sneeze etiquette, immediate disposal of tissues, and to wash hands afterwards.



Children with HFMD should be excluded from school until all of the blisters have dried. To assist in prevention of spread, parents should report the illness to school.

Maths Challenge Home Hints

Memorizing number facts will save you time. Flash cards are one way to learn new facts, but you also might try these ideas:

- play dice or card games in which you need to add, subtract, multiply, or divide.
- learn new facts using ones you already know ($7+7=14$ so $7+8=15$).
- learn facts that are related to each other ($7+6=13$, $6+7=13$, $13-7=6$, $13-6=7$).
- make a list of the facts you need to memorize and learn 5 new facts each week.
- Spend 5-10 minutes every day practicing facts.

**This Term's Strategy**

Being a problem solver is something like being a detective! A detective has to solve crimes by guessing what happened and checking the guess to see if it fits the situation. For some problems, your best strategy may be to make a guess and then check to see if your answer fits the problem. If not, decide if your guess was too high or too low and then make a second guess. A good detective keeps records (usually some kind of chart) to help see any patterns and to narrow down the possibilities. You should do this too. The results of incorrect guesses can give you valuable clues to the correct solution.

Guess and then check the solution to this problem:

Billy has 42 marbles to put in boxes. Each box will hold five marbles. How many boxes will he need?

Setting Personal Goals

Communicating mathematically means that you are able to share your ideas and understandings with others orally and in writing. Because there is a strong link between language and the way we understand ideas, you should take part in discussions, ask questions when you do not understand, and think about how you would explain to someone else the steps you use in solving problems.

Junior Maths Challenge**Number 1 Time Problem**

1. Jamie gets home from school at 3:00pm. She begins her homework at 5:00pm.

How much time does she have to play before she begins her homework?

Answer: _____

Senior Maths Challenge**Number 1 Using Operations**

1. Paula gave a number problem to Julie. She told her to pick a number, double it, add 10 to it, and then subtract 2. Julie's answer was 34. What number did Julie pick?

Answer: _____

**CANTEEN MESSAGE**

Unfortunately the RED and GREEN LOL's are no longer available from the Canteen. This product has been discontinued from our distributor, sorry for any inconvenience.

Along with this weeks Newsletter we are sending home a Volunteer Form, we're asking if anyone who is available to lend a hand on our busy days please fill out the form and send into the Canteen.

Thanks, Sara & Naomi



SECOND HAND UNIFORM SHOP WILL OPEN THEIR DOORS NEXT FRIDAY 25TH JULY FROM 8:30AM-9:30AM, ALL ITEMS ARE \$2.00 EACH.

Education Maintenance Allowance**Instalment Two**

The Education Maintenance Allowance (EMA) is provided to assist eligible families with the costs associated with the education of their children.

Parents and guardians may be eligible for the EMA if they have a valid Centrelink Health Care Card or Pensioner Concession Card. Parents and guardians who lodged an EMA application at the beginning of the year do not need to lodge another EMA application to receive the second instalment EMA payment.

Parents/guardians whose children have transferred to this school since 28 February 2013 will need to submit a new EMA application form. Applications close on **2 August 2013**.

Eligibility information can be obtained from: www.education.vic.gov.au/aboutschool/lifeatschool/ema/default.htm

Contact: School Office for application form and further information

Key Dates: Eligibility day - 14 July 2014

Parent applications close - 1st August 2014

STUDENT ENGAGEMENT & WELLBEING

Emotional Resilience



As part of our *You Can Do It!* students are taught how to become resilient. Term 3 is a very busy and productive time for learning and preparing for our fantastic Whole School Performance so it is extremely important that our students have the resilience to take on these challenges in a positive and confident manner. We as adults can support our children to learn valuable strategies that will keep them in good stead for the rest of their lives. So this week we have provided you with some useful information for promoting resilience as well as demonstrating to your children what you do when the going gets tough!

Emotional Resilience for children means...not getting extremely angry, worried or down, calming down when I do get very upset, not fighting or staying away from people when I am very upset and bounding back to work or play.

Examples of Emotional Resilience:

Not getting extremely angry and fighting when someone is mean or acts unfairly

Not worrying a lot about having to take a test or meeting someone

Not getting very down and staying away from people after receiving a bad result or if someone says something bad about me

Calming down when I am extremely angry, down, or worried and bounding back to work or play.

Strategies to Help Me be Resilient:

Accepting Myself means not thinking badly about myself when I make a mistake.

Taking Risks means thinking that it's good to try something new, even though I might not be able to do it.

Being Independent means thinking that it's important to try new activities and to speak up, even if classmates think I'm silly.

I Can Do It means thinking that I'm more likely to be successful than to fail.

Working Tough means thinking that in order to be successful in the future, I sometimes have to do things that are not easy or fun in the present.

Being Tolerant of Others means not making overall judgements of people (eg. "good person" "bad person") based on their differences or behaviour.

Things To Do To Help Me Be Resilient:

Relaxing, keeping things in perspective, finding someone to talk to, using positive self-talk or finding something fun to do. Share what you do to maintain a resilient mindset and show them the benefits of perseverance, confidence and understanding.



Goonawarra Neighbourhood House

LITTLE YOGIS YOGA CLASS



COMMENCING Thursday, 24th July 5pm to 6pm
(Please ring to make a booking)

Children's yoga is all about having fun, feeling joy & allowing imagination & creativity to flow & grow!

What do the children explore & discover in a Yoga class?

A variety of poses that link to the theme of the class
Breath awareness, Creative play, Relaxation & guided meditation

The cost is \$5.00 a class (**First class free!**)

Call 9740 6627 to book your place
8 Gullane Drive Sunbury

SMiC- Art Studio

A social Art Program where students are encouraged to express themselves freely through their art while being introduced to a variety of art materials and techniques.

Introducing an "All Boys" group
(Primary school age)

Monday 4:00—5:30 dates for Term 3: 14th July—15th Sept

"Art Journaling" for teenage girls
Thursday 4:00—5:30

Dates for Term 3: 17th July—18th Sept

"Art Journaling" Woman's Group
Tuesday 10:00am—12:00pm

Dates for Term 3: 15th July—16th Sept

Cost will be \$12 per sessions. If you pay in full at the beginning of Term, the program will cost \$100

Contact Karen Ralph: 0448 861 331

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KISMET



PREP B

Prep B had a fantastic day on Pyjama Day. Everyone jumped out of bed and came to school, modelling their snuggly jammies. We raised money for the Cancer Council. It was also Alphabet Day in Prep, as we had finished meeting all the Letterland characters. We played lots of letter games!



It was fun staying inside. Lucy

We had lots of fun. Scarlett

The photo was cool. Ryan

We had fun. Lucas

We all had our photo together. Alex

Instead of going outside, we got to play inside. Jett

I liked playing in my jammies. Ebony

I liked Mrs Bishop gave us all a photo to take home. Daniel

I liked Mrs Bishop's pyjamas. Edith

Wearing pyjamas and looking at other pyjamas. Maddison

I liked having the photo. Dylan

I liked looking at Mrs Bishop in her cute panda suit. Lily

I liked looking at the picture. Phoebe

It was good not wearing my uniform. Kaiden

I liked my snuggly warm onesie. Taj

We played Alphabet games and had to guess which Letterland character we were. Imogen

It was nice to wear my pyjamas. Chloe

Eating lunch in my pjs was fun. Cruze

Playing the alphabet game was fun. Logan

My pyjamas had a tractor on them. Isaac